

# Symposium annuel d'orthodontie

## Aligners Protocols and Aesthetic Principles

Presented by Dr Trevor Nichols – **CONFÉRENCE LIVRÉE EN ANGLAIS**

Ce symposium d'orthodontie a pour objectif cette année de prendre la relève du Congrès IAO Montréal laissé vacant à la suite de la retraite du Dr Michel Champagne et de partager avec vous diverses expériences éducationnelles qui vous aideront à garder la passion qui vous anime afin de continuer à offrir ce qu'il y a de mieux en orthodontie à vos patients.

### Dates

**November 14-15th, 2025**

### Who is this symposium for ?

This symposium is dedicated to all dental health teams that offer orthodontic services and are eager to be at the forefront of current developments and knowledge.

### Location

**International Dental Institute (IDI) at Quartier DIX30**

6000, boul. de Rome, suite 210, Brossard (QC) J4Y 0B6 (free interior parking)

**For your accomodation, our direct neighbor : Alt Hotel at Quartier DIX30**

6500, Rome Blvd, Brossard (QC) J4Y 0B6 • [www.althotels.com/en/quartierdix30](http://www.althotels.com/en/quartierdix30)

### Educational Objectives

Unlock the art and science of creating truly transformative smiles in this comprehensive 2-day course. Designed for dental professionals, this lecture delves into the defining features of an amazing smile and explores the mechanics and protocols essential for successful aligner treatment. Attendees will gain insights into attachment selection strategies to optimize treatment efficiency and precision, as well as advanced finishing techniques to achieve exceptional results. Through focused discussions and learning, discover how to elevate your practice with the latest advancements in aligner therapy and deliver consistently outstanding outcomes.

### Content

#### Fundamentals of Smile Aesthetics

- Facial and dental harmony
- Key parameters of an ideal smile
- Role of digital smile design
- Branding

#### Comprehensive Aligner Treatment Protocols

- Case selection criteria
- Records
- Treatment planning workflow
- Digital setup optimization in a staged approach

#### Attachment Selection Strategies

- Types of attachments and their functions
- Biomechanics of movement with attachments
- Customizing attachments for efficiency

#### **Advanced Biomechanics in Clear Aligner Therapy**

- Managing complex movements (extrusions, rotations, torque control)
- Strategies for deep bite and open bite correction
- Overcorrection techniques
- Protocols for Class II/III

#### **Refinements & Finishing Techniques for Exceptional Outcomes**

- Assessing progress and identifying refinements
- Precision finishing for optimal occlusion and esthetics
- Troubleshooting common challenges
- Tooth shaping and gingival shaping

#### **Enhancing Clinical Efficiency & Patient Experience**

- Streamlining workflow in your practice
- Communication techniques for better patient compliance
- Managing expectations and ensuring satisfaction

#### **Case Studies & Hands-on Learning**

- Real-world examples of complex cases
- Practical exercises in treatment planning
- Q&A and interactive discussions

## **Speaker**



### **Dr. Trevor Nichols**

DMD, MS

Dr. Trevor Nichols, an Arizona native and board-certified orthodontist, is celebrated globally for his transformative work and attention to aesthetic details.

Following his undergraduate studies as valedictorian at Arizona State University, he excelled at the Arizona School for Dentistry and Oral Health where he earned his Doctorate in Dental Medicine and served as class president. Dr. Nichols then completed a residency and specialty training in Orthodontics and Dentofacial Orthopedics while obtaining a Master's in Orthodontics with a groundbreaking thesis on TMD. Since 2016, he has treated thousands of his own patients while simultaneously teaching his dynamic lectures on fixed orthodontics and clear aligners to orthodontists worldwide.

Dr. Nichols has developed an innovative approach to objective, personalized orthodontic treatment with the creation of the Nichols Smile Score. He strongly believes his mission is about more than teeth—it's about the people. Beyond his impressive career, he cherishes his roles as a husband to Alyssa and father to their four boys. Rooted in faith and family, and with a strong passion for fitness, he inspires others with his philosophy that "the way you do anything is the way you do everything".

## **CE UNITS / CE hours**

**Dentist : 14 CD Units (Lecture : 14 hours)**

**Staff member : 14 CD Units (Lecture : 14 hours)**

For all ODQ member dentists, the continuing education policy states that each hour of theory training provides 1 CE unit, and each hour of hands-on training provides 2 CE units. For dental hygienists who are members of the OHDQ, the continuing education policy operates on the basis of hours of educational activity, whether theoretical or practical.

## **Agenda**

Friday : 8:30am - 5:00pm

Saturday : 8:30am - 4:30pm

## **Costs\* (Continental breakfasts, lunches and cocktails included)**

**Dentist : 2 995 \$**

**Staff member : 1 395\$**

**Contact us or visit our online registration site to learn about our various payment methods and/or monthly installments.**

\* Plus applicable taxes. A credit card deposit is required as confirmation, with the balance due no later than 14 days before the start of the course (unless you register within 30 days of the first day of the course). Program content is subject to change without notice. A refund or credit note will be issued if a written cancellation is received 21 days prior to the start of the course. Please note, however, that an administrative fee of 10% of the original non-discounted price of the training will be retained (and the associated quantity discounts and/or gratuities will be readjusted), non-refundable, but transferable to a new transaction in the current program on one or more training/consulting services. In the event of a residual amount, expect to lose it if not used. As space is limited, no refunds or credits will be issued for cancellations made less than 21 days prior to the start of the course.

